

Sweet

Notes

February 2006

FRIDAY, FEBRUARY 3
BINGO (BRING CANNED FOODS)
2 P.M.

WEDNESDAY, FEBRUARY 8
SAN MARCOS
DEPART AT 7 A.M.

FIRE SAFETY SEMINAR
10 A.M.

FRIDAY, FEBRUARY 10
POT LUCK 11:30 A.M.
BUNCO 1 P.M.

FRIDAY, FEBRUARY 17
L'AUBERGE DU LAC
DEPART AT 8 A.M.

FRIDAY, FEBRUARY 24
"CINDERELLA MAN"
1 P.M.

Sugar Land Senior Center
200 Matlage Way
281-275-2885

Ongoing Activities

Mah Jongg
Monday, Tuesday and Wednesday
1 - 5 p.m.

Bridge
Tuesday
8 a.m. - 2 p.m.

Canasta, Shanghai, Dominoes, Pool
Monday - Friday
8 a.m. - 5 p.m.

Yoga
Monday
9 - 10 a.m.

Walking Club
Meets at the First Colony Mall
Food Court
Tuesday and Friday
8:30 - 9:30 a.m.

Line Dancing
Monday and Thursday - Intermediate
10 - 11:30 a.m.
Monday - Beginning
9 a.m.

Arts & Crafts
Thursday
1 - 3 p.m.

Table Tennis
Wednesday and Friday
8 a.m. - 12 p.m.

This Month's Movie...



"Cinderella Man" Academy Award winners Russell Crowe and Renée Zellweger star in this triumphant, powerfully inspiring true

story. In a time when America needed a champion, an unlikely hero would arise, proving how hard a man would fight to win a second chance for his family and himself. Suddenly thrust into the national spotlight, boxer Jim Braddock would defy the odds against him and stun the world with one of the greatest comebacks

in history. Driven by love for his family, he willed an impossible dream to come true.

Date Nights

Friday, February 10

7 - 10 pm

Sugar Land Community Center

It's time to get dressed up and take that special young lady in your life out for the evening for Valentine's Day again. Daddy/Daughter Date Night is an opportunity for daddies, granddaddies, big brothers, uncles or even cousins to take their little girl, granddaughter, little sister or niece out for an evening of refreshments, music and complimentary photos to commemorate the evening.

Saturday, February 11

7 - 10 pm

Sugar Land Community Center

Mommy/Son Date Night is back for another evening full of memories with the special little, or not so little, boys in your life. It's a chance to dress them up, dance and have some guaranteed laughs before they're all grown up! The evening will include refreshments, music and complimentary photos.

Grasshopper Dessert Squares

1 1/2 cups chocolate cookie crumbs (from 15-oz package)

6 tablespoons butter or margarine, melted

1/4 cup sugar

1/3 cup green crème de menthe liqueur

1/4 cup white crème de cacao liqueur

1 1/2 jars (7 oz each) marshmallow creme (2 1/4 cups)

2 packages (8 oz each) cream cheese, cubed, softened

1 1/2 cups whipping cream



Line 13x9-inch pan with foil so edges of foil extend over sides of pan; spray with cooking spray. In pan, mix cookie crumbs, sugar and butter. Press evenly in bottom of pan.

In large bowl, beat cream cheese, crème de menthe and crème de cacao with electric mixer on medium speed until smooth. Add marshmallow creme; beat until smooth. Refrigerate about 45 minutes or until mixture mounds when dropped from a spoon.

In chilled large bowl, beat whipping cream on high speed until stiff peaks form. Fold whipped cream into marshmallow mixture until blended. Pour over crust. Freeze about 4 hours or until firm.

Remove from pan, using foil to lift. Let dessert stand at room temperature 10 minutes before cutting. Freeze any remaining dessert tightly covered.

Galveston

Friday, March 10

Depart at 9 a.m.

Shopping, strolling and more shopping on the Historic Strand. Residents - \$10, nonresidents - \$12.50. Cost includes transportation. Reservations begin at 9 a.m. on January 14.

The Nature Tour

Tuesday, Wednesday & Thursday, March 28, 29 & 30

Depart at 7 a.m.

Join us as we take a boat ride on Lake Buchanan, visit Fredricksburg, Riverside Nature Center, Wildseed Farms, James Avery and Enchanted Springs Ranch. Cost for double occupancy is \$250 per person for residents and \$312.50 per person for nonresidents. Cost for single occupancy is \$300 per person for residents and \$375 for nonresidents. Cost includes hotel (Inn of the Hills), all tour fees, transportation, two breakfasts and one lunch. A \$100 deposit is due at the time of registration. Registration begins now.



Painted Churches

Wednesday, April 12

Depart at 8 a.m.

Join us as we visit the beautiful painted churches in Schulenburg. Residents - \$40, nonresidents - \$50. Cost includes transportation, tour fees and lunch at Frank's Restaurant. Reservations begin at 9 a.m. on January 21



Senior Safety

Wednesday, February 8

10 a.m.

Remembering When.

This National Fire Protection Association program designed for seniors to prevent injuries from fires and falls is presented by Captain Michael McLemore.



Gala Photos



A special thanks to our Holiday Gala sponsors...

Frost Bank and The Terrace at Frost Colony

AARP News

Bring nonperishable foods items for the local food pantry to the AARP meetings.

AARP Chapter #4075

To serve, not to be served

Our next meeting will be on Wednesday, January 25, in the Senior Room. Games begin at 10 a.m. and the meeting begins at 1 p.m. This month's speaker will be Sugar Land Police Sgt. Trevor Nehls, who will give a presentation on his tour of duty in Iraq. For more information, contact president Leon Anhaizer 281-494-2046 or vice president Pat Shannon 281-980-0964

Old Town Sugar Land Chapter #5385 of AARP, Inc.

MD Anderson's Volunteer Services Program

Thursday, January 19, 2006, 7 p.m.

Mary Donnelly, with MD Anderson's Volunteer Services, will present the program at our meeting. She will explain all the volunteer opportunities available at The University of Texas MD Anderson Cancer Center. The meeting will be held at the Sugar Land Senior Center located at 200 Matlage Way. For information, call Paula Flores at 281-491-5968.

AARP Drivers Safety Program

This program is co-hosted by AARP Chapter #4075
and the City of Sugar Land



Wednesday and Thursday, January 18 and 19

Senior Center on Matlage Way

Monday and Tuesday, February 27 and 28

Sugar Land Police Department Training Room

9 a.m. - 1 p.m.

Cost for the two-day class is \$10.

Our instructor will be Bill Gallagher. The class is open to anyone with a valid driver's license. The course is NOT certified for ticket dismissal. To reserve, call 281-980-0211 or 281-980-5526

Craft Program



February 2 - Lucky the Leprechaun

February 9 - Luck Clover Pin



February 16 - Mardi Gras Wreath. Bring a straw wreath, Mardi Gras beads, king Cake babies and doubloons to decorate this wreath.

February 23 - Paper butterflies. Bring wrapping paper, magazine pages or wallpaper scraps to make these butterflies.



Need information on housing, financial services, meals on wheels, Medicare, etc? Call the Office for Senior Citizens at 281-491-1134.



City of Sugar Land
Parks & Recreation Department
P.O. Box 110
Sugar Land, Texas 77487-0110

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